PERSONAL INFORMATION

# Beatrice-Aurelia ABALAŞEI


+40 232 201027 (DEAN'S OFFICE)

beatrice.abalasei@uaic.ro

http://www.sport.uaic.ro/


POSITION

Dean
Professor, PhD, habil.

WORK EXPERIENCE

29/07/2016 - present

## Dean

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport

Str. Toma Cozma Nr. 3, 700554, Iași, România http://www.sport.uaic.ro/

- Management and leadership of the Faculty of Physical Education and Sport.
- President of the Faculty's Council.

2024 - present

## President

Forum of the Deans of Romanian Faculties of Physical Education and Sport

2020 – present

## Member of the CNATDCU 2020-2024 specialty commission

(28. Psychology, education sciences, physical education, and sport)

National Council for the Accreditation of University Degrees, Diplomas and Certificates (CNATDCU)
Bucharest, Romania http://www.cnatdcu.ro/paneluri-cnatdcu/

04/05/2021 – present

## ARACIS Expert Evaluator – Doctoral Supervisors

(the field of Science of Sport and Physical Education)
Romanian Agency for Quality Assurance in Higher Education (ARACIS)
Bucharest, Romania http://www.aracis.ro/

- Evaluating study programs.(doctoral studies)

2019 - present

## Head of the Doctoral School

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Physical Education and Sport
Doctoral School of Sports Science and Physical Education
http://www.sport.uaic.ro/, http://www.sport.uaic.ro/programe-de-studii/program-de-studii-doctorale/

- Attributions: ensures the collaboration between The Doctoral School and the departments or the faculties of the UAIC; makes sure the law is observed in the organisation and unfolding of the entire activity within the Doctoral School; ensures the representation of the Doctoral School in the board of the IOSUD-UAIC; elaborates the Curriculum for the Advanced Higher Education Program (PPUA) and submits it to the CSD for approval; elaborates the payrolls and submits them to the CSD for approval; drafts up the Income and expenditure Budget of the Doctoral School, with support from the faculty's management; organises and monitors the activities carried out within the doctoral candidates' programs; organises and monitors the doctoral enrolment contest; approves the commissions for the public defence of the doctoral theses; approves the public defence of the doctoral theses.

18/02/2019 - present

### University Professor

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport

- **Teaching activity** - teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses; elaborating handbooks, manuals, practical guides; consulting for diploma, master, doctoral theses, seminar homework, practical works and research projects; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; organising competitions; coordinator of students – year/group counsellor. Doctoral tutoring (2019).
- **Coordinator of volunteer activities**, specific to the students within the specialty of *Kinesiotherapy and Special Motricity*.
- **Tenured holder of the following disciplines**: *Scientific Fundamentals of Sports Games: Handball,* Communication *in Sports Science and Physical Education, Psychomotricity, Applications of Psychomotricity to Fitness, Sports Psychology, Applications of Psychomotricity to Physical Education and sport.*

2020 - 2024

### Member – Commission for master's studies and doctoral programs

Permanent specialty Commission of "Alexandru Ioan Cuza" University Iaşi Senate (Romania)

2020 - 2024

### Member – "Alexandru Ioan Cuza" University Iași Senate

"Alexandru Ioan Cuza" University Iaşi (Romania)

2019 - present

### Doctoral supervisor

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Physical Education and Sport
Doctoral School of Sports Science and Physical Education
http://www.sport.uaic.ro/, http://www.sport.uaic.ro/programe-de-studii/program-de-studii-doctorale/

01/08/2002 - present

### President

"Alexandru Ioan Cuza" University Iaşi Sports Club Association (Romania)
Str. Toma Cozma Nr. 3, 700554, Iași, România

Organising performance sports activities.

18/02/2013 – 17/02/2019

### Associate Professor

"Alexandru Ioan Cuza" University Iaşi (Romania)

Faculty of Physical Education and Sport

- **Teaching activity** - teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses, elaborating handbooks, manuals, practical guides; assessment activities in diploma, master, and doctoral commissions; consulting for diploma, master, postgraduate theses, seminar homework, practical works and research projects; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; organising competitions, coordinator of students – year/group counsellor; practicum coordinator.
- **Coordinator of volunteer activities**, specific to the students within the specialty of *Kinesiotherapy and Special Motricity*.
- **Tenured holder of the following disciplines**: *Scientific Fundamentals of Sports Games: Handball, Communication in Physical Education and Sport, Psychomotricity, Applications of Psychomotricity to Fitness, Pedagogical Training for Mandatory pre-University Education (1+2).*

01/03/2012 – 29/07/2016

### Vice-dean

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport
Teaching activity management.

06/06/2015 - 01/08/2015

### Expert

Caritas Diocesan Centre Iaşi (Romania)

Short-term expert within the project "Act. IS – We Act for Social Inclusion"

01/08/2013 – present

### ARACIS evaluator in the field of Physical Education and Sport

THE ROMANIAN AGENCY FOR QUALITY ASSURANCE IN HIGHER EDUCATION (ARACIS)
Bucharest, Romania http://www.aracis.ro/

- Assessing the curricula.

2008 - present

### Member of the Faculty Council

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport

2011 - present

### Mediator

The Regional Negotiation and Facilitation Centre, Iași (Romania)

- Conflict mediation.

2016

### Professional skills evaluator

Foundation Arbitrage and Mediation Chamber Iaşi (Romania)

01/10/2008 – 17/02/2013

### Lecturer

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport

- **Teaching activity**- teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma theses, membership in diploma, master and admission commissions, tutoring theses for obtaining tenure in pre-university education; coordinator of students – year/group counsellor; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; seminar homework, practical works and research projects; organising competitions, coordinating the admission contest.
- **Coordinating volunteering activities**.
- **Erasmus coordinator**.
- **Tenured holder of the following disciplines**: *Scientific Fundamentals of Sports Games: Handball, Communication in Physical Education and sport, Psychomotricity, Applications of Psychomotricity to Fitness, Pedagogical Training for Mandatory pre-University Education(1+2), Specialised training in a sports branch: level 1+2 beginners – Handball, Specialised training in a sports branch: level 1+2 advanced – Handball, Trainer practicum, Handball: technical and tactical fundamentals, Fitness gymnastics and therapy at home for the elderly, Handball in school, Psychomotricity/psychomotor re-education, Mediation of organisational conflicts.*

01/10/2002 – 01/10/2008

### Teaching Assistant

"Alexandru Ioan Cuza" University Iaşi (Romania)
Faculty of Physical Education and Sport

- **Teaching activity**- teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses, membership in diploma and admission commissions; coordinator of students – year/group counsellor; research activities specific to the field, organisation and participation to scientific events; elaborating handbooks, manuals, practical guides; consulting for diploma theses; organising competitions; managing the website of the Faculty of Physical Education and Sport; organising the schedule of the Faculty; elaborating the Admission Guideline, the Student;s Guideline; participation in national and international research projects, as a member; writing research projects.
- **Tenured holder of the following disciplines**: *Handball: technical and tactical fundamentals, Handball in school, Psychomotricity/psychomotor re-education, Specialised training in a sports branch: level 1+2 beginners – Handball, Specialised training in a sports branch: level 1+2 advanced – Handball, Swimming: initiation in the technique of procedures, Swimming: learning methods, Theory of games and competition, Handball, Tourism-orientation practice, Game theory, Physical Education and sport in other faculties.*

01/10/1998 – 01/10/2002

### Junior Teaching Assistant

"Gheorghe Asachi" Technical University Iaşi (Romania)

- Main activities and responsibilities: formal education; nonformal education; scientific research; organising sports events.

01/09/1996 – 01/10/1998

### Physical Education and Sport Teacher

"Garabet Ibrăileanu" National College, Iaşi (Romania)

## EDUCATION AND TRAINING

28/09/2017

### Habilitation Certificate in the field of postgraduate doctoral studies in the Science of Sports and Physical Education

"Babeș-Bolyai" University Cluj-Napoca

Str. Mihail Kogălniceanu nr.1, Cluj-Napoca (Romania)

https://doctorat.ubbcluj.ro/ro/beatrice-aurelia-abalasei-valentele-modelatoare-ale-educatiei-fizice-si-sportului-the-modelling-valences-of-physical-education-and-sports/

2016

### Graduation Certificate, *Professional Skills Evaluator*

Foundation Arbitrage and Mediation Chamber Iaşi (Romania)

- Professional skills acquired: planning and organising the evaluation; recording and reporting the results of the assessment; conducting the review; developing the evaluation tools; analysing the information and making decisions regarding skills acquisition; internal assessment of the evaluation processes; external assessment of the evaluation processes.

2012

### Graduation Certificate – specialty didactics

Piteşti University (Romania), Institute of Training and Performance Muntenia, Faculty of Education Sciences

Postgraduate professional training and development program: *Quality, innovation, communication in the lifelong training system of higher education didactic experts*

- Subjects studied: Developing the training program in specialty didactics; Modern training methods in specialty didactics; Coaching methods and techniques used in pedagogical practicum.

01/10/2004 – 01/10/2008

### Doctor in Psychology

Level 8 CEC

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Psychology and Education Sciences
Thesis title: "*Social representation of violence in sport. Focus on the spectators of team sports*"

- General knowledge: acquiring, interpreting, and developing top expertise in the doctoral field;
- General skills: developing research techniques and applying them in various and specific contexts; theoretical construct and professional application; academic discursive constructs for prestigious publications in the field and of common knowledge type for everyday communication; taking on the responsibility of developing a research program; critical spirit; creativity; inventiveness
- The specific cognitive skills assume: the identification of new problems and their approach through research, creative and combinative imagination, critical and interpretative analysis.

2007

### Professional Development - Psychomotricity

Romanian College of Physicians, Iaşi (Romania)

01/10/2002 – 01/07/2004

### Master's in psychology: Conflict Mediation

Level 7 CEC

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Psychology and Education Sciences
Thesis title: "*Formal education valences in the sources of conflict for performance sports*"

01/10/2001 – 01/02/2003

### Master's in physical education and sport: Management in sport

Level 7 CEC

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Physical Education and Sport
Thesis title: "*Communication through image in sport: heroism or erotism*? "

1996

## Coach License / Handball coach, 3rd category

National Agency for Sport (Romania)

01/10/1992 – 01/07/1996

## Bachelor's degree in physical education and sport (majoring in Handball)

Level 6 CEC

"Alexandru Ioan Cuza" University Iaşi (Romania), Faculty of Physical Education and Sport

## PERSONAL SKILLS

Mother tongue: Romanian

Other languages

| | UNDERSTANDING | | SPEAKING | | WRITING |
|---|---|---|---|---|---|
| | Listening | Reading | Spoken interaction | Listening | |
| English | C1 | C1 | B2 | B2 | C1 |

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
Common European Framework of Reference for Languages

Communication skills

Activities leading to the acquisition of skills:

- Drafting up the research reports within PN II projects;
- Arguing the proposed and attained objectives within research projects, as well as motivating the activities proposed (for the continuation of funding) in specialty commissions;
- Coordinating work teams within the Faculty of Physical Education and Sport'
- Member of academic promotion commissions.

Organisational/managerial skills

Organisation skills acquired during the years I had essential responsibilities for the good functioning of the Faculty of Physical Education and Sport:

- Drafting up reports for institutional assessment and for regular evaluation of the Faculty by ARACIS;
- Coordinating admission contests;
- Coordinating pedagogical practicum;
- Coordinating coach practice;
- President of the Commission for Quality Management and Assurance within the Faculty of Physical Education and Sport;
- Member of the organisation committees of scientific conferences, etc.
- Founding member of the "Alexandru Ioan Cuza" University Iaşi Sports Club Association.

Job-related skills

- Knowledge of quality control procedures;
- Capacity to model professionally the new employees;
- Ability to mediate organisational conflicts;
- Good command of work teams with various responsibilities.

Digital skills

| SELF-ASSESSMENT | | | | |
|---|---|---|---|---|
| Information processing | Communication | Content creation | Safety | Problem solving |
| Independent user | Proficient user | Independent user | Independent user | Independent user |

Levels: Basic user - Independent user - Proficient user
Digital competences – Self-assessment grid

Other skills

Social skills and competences:

- Team spirit;
- Increased adjustment capacity;
- Capacity of acquiring new knowledge and abilities necessary for academia;
- Coordinating performance activity;
- Ability to organise sociocultural activities or volunteer activities (due to the profession – teaching staff member at the specialty *Kinesiotherapy and Special Motricity*).

Organisational skills and competences:

- Leadership, analysis and synthesis capacity, decision-making, and organisation of professional collectives;
- Punctuality, capacity to make the right decision under pressure, in case of new situations; ability to adapt to the context;
- Assessment of work quality based on performance criteria and quality control;
- Self-improvement capacity.

I have acquired and refined these skills throughout my career, from various positions, including coordinating sports groups, teaching in the pre-university education system, coordinating Erasmus projects, participating in research teams, coordinating research projects, and serving in roles as vice-dean and dean.

Driver's license

B

## ADDITIONAL INFORMATION

Certifications

- Coordinator of the interdisciplinary research group, within the Research Centre of the Faculty of Physical Education and Sport (2013 – present)
- Member of doctoral commissions
- Member promotion contest commissions.

Honours and awards

- **2016** – *Award for professional and scientific contributions to the implementation of the scientific research program "Entrepreneurial University"* within the Faculty of Physical Education and Sport Iaşi – granted by **the Association Junior Achievement of Romania** (JA Ro), member of the international organisation *Junior Achievement Worldwide*.

## APPENDICES

- Complete list of works

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## COMPLETE LIST OF WORKS

**a) The list of up to 10 works** considered by the candidate to be the most relevant for his/her professional achievements, included in electronic format in the file, and which may also be found in the other categories of works provided for in this article;

- **Abalaşei B.,** Budescu E., Merticaru E., *Geometrical considerations regarding penalty throw and defense at handball game (Consideraţii geometrice privind lovitura de pedeapsă şi apărarea în jocul de handbal)*, published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 1, vol. 16, Iaşi, Editura Fundaţiei "Altius Academy" Iaşi, **2016**
  http://www.sportsisocietate.ro/articol/considera-ii-geometrice-privind-lovitura-de-pedeaps-i-ap-rarea-n-jocul-de-handbal/362
- **Abalaşei B**., Popescu V., *The Importance of Formal Education in the Training of Athletes,* published in "Procedia – Social and Behavorial Sciences", vol. 191, **2015,** pp. 2453-2457, ISSN: 1877-0428
  https://doi.org/10.1016/j.sbspro.2015.04.230
  http://www.sciencedirect.com/science/article/pii/S1877042815024908
- **Abalaşei B**., *Social representation of the kinesiotherapist profession*, published in Timisoara Physical Education and Rehabilitation Journal, Volume 7, Issue 13, **2014**, pp. 64–69, ISSN (Online) 2065-0574, DOI: 10.1515/tperj-2015-0011
  https://www.degruyter.com/view/j/tperj.2014.7.issue-13/issue-files/tperj.2014.7.issue-13.xml
  https://www.researchgate.net/publication/276511972_Social_representation_of_the_kinesiotherapist_profession
- **Abalaşei B.A.**, *Conflicte şi mediere în sport (Conflicts and mediation in sport)*, Editura Tehnopress, Iaşi, **2013**, ISBN 978-973-702-966-9
- **Abalaşei B**., Cojocariu A., *The Social Representation of Violence of Sports Events Spectators*, published in "Journal of Social Research and Intervention", vol. 39, pag. 17-38, Iaşi, Editura Lumen, Iaşi, **2012,** ISSN: 1583-3410 (print), ISSN: 1584-5397 (electronic); Fi – 1,354
  http://www.rcis.ro/ro/section1/64-volumul-392012decembrie/634-the-social-representation-of-violence-of-sports-events-spectators.html
- **Abalaşei B**., *Types of Audience Attending Sports Events in Romania* published in "Procedia – Social and Behavorial Sciences", vol. 46, pp. 3482-3486, ISSN: 1877-0428
  https://doi.org/10.1016/j.sbspro.2012.06.089
  http://www.sciencedirect.com/science/article/pii/S1877042812018253
  http://apps.webofknowledge.com/full_record.do?product=UA&search_mod
- **Abalaşei B.A.**, *Introducere în antrenamentul jocului de handbal (Introduction to handball training)*, Editura Lumen, Iaşi, **2012**, No. of pages – 210, ISBN 978-973-166-331-9 (B)
  http://edituralumen.ro/2012/12/introducere-in-antrenamentul-jocului-de-handbal-autor-beatrice-abalasei/
- **Abalaşei B.A.**, *Reprezentarea socială a violenţei în sport. Focalizarea pe spectatorii sporturilor de echipă (Social representation of violence in sport. Focus on the spectators of team sports)*, Editura Universităţii "Al. I. Cuza", Iaşi, **2009**, No. of pages – 242, ISBN 978-973-703-481-6 (A2)
  http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=800
- Curelaru M., Iacob I., **Abalaşei B**., *School bullying: definition, characteristics, and intervention strategies*, published in "Journal of Social Research and Intervention", vol. 26, pag. 7-29, Iaşi, Editura Lumen, Iaşi, **2009,** ISSN: 1583-3410 (print), ISSN: 1584-5397 (electronic); Fi – 0,789
  http://www.rcis.ro/ro/section1/26-volumul-26-2009-septembrie/277-school-bullying-definition-characteristics-and-intervention-strategies.html

**b) Doctoral thesis;**

- ***Reprezentarea socială a violenţei în sport. Focalizarea pe spectatorii sporturilor de echipă*** *(Social representation of violence in sport. Focus on the spectators of team sports)*,

– Defended in 2008, "Alexandru Ioan Cuza" University Iaşi, Faculty of Psychology and Education Sciences.

**c) Invention patents and other intellectual property titles;**

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**d) Books and book chapters;**

| | |
|---|---|
| **2023** | **Abalaşei Beatrice**, Dumitru Iulian, Moraru Cristina, Iacob Radu, **Aspecte actuale ale utilizării exercițiului fizic în profilaxia osteoporozei (Current aspects of using physical exercise in the prophylaxis of osteoporosis), Editura Risoprint,** Cluj-Napoca,150 pp., ISBN 978-973-53-3060-6 |
| **2020** | **Abalaşei B., Onose, Raluca-Mihaela, Tehnologia în psihomotricitate (Technology in psychomotricity), in** *Educația digitală*, Ed. Polirom, Iași, vol. edited by Ceobanu Ciprian. Pânișoară O., Cucoș, C-tin, Istrate O. ISBN EPUB: 978-973-46-8226-3, ISBN PDF: 978-973-46-8227-0 |
| **2019** | **Abalaşei B.,** *Valențele modelatoare ale educației fizice și sportului (Modeling valences of physical education and sport)*, Ed. Risoprint, 166 pg, 2019, ISBN 978-973-53-2429-2 |
| **2018** | **Abalaşei B., Honceriu, C., Iacob, R.,** *Educație prin jocuri dinamice (Education through dynamic games)*, Editura Risoprint, Cluj-Napoca, 2018, No. of pages – 178, ISBN978-973-53-2163-5 |
| **2016** | **Abalaşei B.A.**, *Comunicare în educaţie fizică şi sport (Communication in physical education and sport)*, Editura Pim, Iaşi, **2016,** No. of pages – – 126, ISBN 978-606-13-2954-0 |
| **2015** | Radu F.L., **Abalaşei B.A.**, *101 Team Handball*, Bloomsbury Sport, London, **2015**, No. of pages – – 176, ISBN 978-1-4729-0180-4 https://www.tradebit.com/filedetail.php/278492494v9421818-101-team-handball-beatrice-aurelia |
| **2014** | **Abalaşei B.A.**, *Violenţa şcolară în licee: evaluări ale fenomenului din perspectiva elevilor (School violence in high schools: assessing the ohenomenon from the perspective of students)* in *Violenţa în şcoală. Repere pentru analiză şi intervenţie*, Curelaru Mihai – coord., Editura Universităţii "Al. I. Cuza", Iaşi, **2014**, pag. 195-218, ISBN 978-973-703-955-2 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=1212 |
| **2013** | **Abalaşei B.A.**, *Conflicte şi mediere în sport (Conflict and mediation in sport)*, Editura Tehnopress, Iaşi, **2013**, No. of pages – – 126, ISBN 978-973-702-966-9 |
| **2012** | **Abalaşei B.A.**, *Introducere în antrenamentul jocului de handbal (Introduction to handball training)*, Editura Lumen, Iaşi, **2012**, No. of pages – – 210, ISBN 978-973-166-331-9 (B) http://edituralumen.ro/2012/12/introducere-in-antrenamentul-jocului-de-handbal-autor-beatrice-abalasei/ |
| **2012** | **Abalaşei B.A.,** ed. Popescu V. *Ghid pentru activităţi sportive (Guide for sports activities)*, Editura Adi Center, Iaşi, **2012**, No. of pages – 146, ISSN: 2284-5801 |
| **2011** | **Abalaşei B.A., Handball** in *Pentru profesorul de educaţie fizică şi sport*, Rus Cristian Mihail – ed., Editura Universităţii "Alexandru Ioan Cuza", Iaşi, **2011**, pag. 407-540, ISBN 978-973-703-551-6 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d09&id_c=980 |
| **2012** | **Abalaşei B.A.**, *Psychomotricity and psychomotor re-education*, Sport and Physical Activities Series: 3, Spor Yayinevi ve Kitabevi Publish House, **2012**, Turkey (in English) ISBN 978-9944-379-38-0 (A2) |
| **2009** | **Abalaşei B.A.**, *Reprezentarea socială a violenţei în sport. Focalizarea pe spectatorii sporturilor de echipă (Social representation of violence in sport. Focus on the spectators of team sports)*, Editura Universităţii " Alexandru Ioan Cuza", Iaşi, **2009**, No. of pages – – 242, ISBN 978-973-703-481-6 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=800 |
| **2008** | Iacob I. (ed.), **Abalaşei B.A.,** Abalaşei C., Budescu E., Chirazi M., Cojocariu A., Fetescu S., Iacob M.R., Lador I.I., Popovici I., Rusu O., *Studiu de diagnoză a implementării obiectivelor Procesului Bologna în facultăţile de Educaţie Fizică şi Sport din România (Diagnostic Study on the Implementation of the Bologna Process Objectives in the Faculties of Physical Education and Sport in Romania)*, Editura Demiurg, Iaşi, **2008**, No. of pages – – 115, ISBN 978-973-152-104-6 |
| **2007** | **Abalaşei B.A.**, Iacob R., *Handbal-îndrumar Metodic (Handball – methodical notebook)*, Editura Pim, Iaşi, **2007**, No. of pages – – 164, ISBN 978-973-716-601-2 |

| | |
|---|---|
| **2003** | Iacob I. (ed.), **Abalaşei B.A.**, *Compendiu de regulamente la jocurile sportive adaptate condiţiilor din şcolile din România (gimnaziu) (Compendium of Regulations for Sports Games Adapted to the Conditions of Schools in Romania (Middle School)*, Editura Altius Academy, Iaşi, **2003**, No. of pages – – 307, ISBN 973-8277-05-1 coauthor |
| **2003** | **Abalaşei B.A.**, *Jocuri de cabana (Lodge games)*, Editura Altius Academy, Iaşi, **2003**, No. of pages – – 56, ISBN 973-8277-06-X |

**e) Articles/studies published in extenso in journals within the international scientific circuit:**
**Full-length articles published in ISI-ranked journals with an impact factor (IF > 0).**

| | |
|---|---|
| **2025** | Balaiasa, DG Cojocariu, A, **Abalasei, BA**, Neculaes, M Ungurean, BC, **Karate Training and Postural Health: A Study on Spinal Deviations among Young Karate Practitioners from Northeastern Romania**, ROMANIAN JOURNAL FOR MULTIDIMENSIONAL EDUCATION, Volume 17, Issue 1, Pages 422-438<br>DOI10.18662/rrem/17.1/959<br>https://www.webofscience.com/wos/woscc/full-record/WOS:001462551200022 |
| **2025** | Dumbravu, A., **Abalasei, BA**, **Considerations on the Influence of Mindfulness and Sports Games on the Performance of Taekwondo Athletes,** ROMANIAN JOURNAL FOR MULTIDIMENSIONAL EDUCATION, Volume 17, Issue 1, Pages 439-453,<br>DOI10.18662/rrem/17.1/960<br>https://www.webofscience.com/wos/woscc/full-record/WOS:001462551200023 |
| **2025** | Izzicupo, P, Serafini, S, Prestanti, I, Fusco, A Abalasei, BA, del Hierro, TA, Çaliskan, B, Di Baldassarre, A, Ege, H, Figueiredo, AJ, Ghinassi, B, González-García, H Onose, I (Onose, Ionut, Onose, RM, Perissinotto, M, Ramírez-Muñoz, A, Sánchez-Pato, A, Stankovic, N; Stojiljkovic, N; Doupona, M; Capranica, L, **A study on the implementation of dual career at European higher education institutions: the student-athletes' and experts' views**, FRONTIERS IN SPORTS AND ACTIVE LIVING, Volume 7, DOI10.3389/fspor.2025.1507951, Article Number 1507951<br>https://www.webofscience.com/wos/woscc/full-record/WOS:001441022600001 |
| **2025** | Vrabie, D, **Abalasei, BA**, Neculaes, M, **Exploring Age, Gender and Pandemic Dynamics: A Retrospective Analysis of the Impact of SARS-CoV-2 on Human Health**, LIFE-BASEL, Volume 15, Issue 3, DOI10.3390/life15030355, Article Number 355<br>https://www.webofscience.com/wos/woscc/full-record/WOS:001454058400001 |
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| **2010** | Curelaru M., **Abalaşei B**., Iacob I., *Values and attitudes of adolescents toward sport*, published in "Journal of Romanian Sports Medicine Society", No. 21, pp. 1257-1261, 2010, ISSN: 1841-0162, (indexed in Index Copernicus International, QT 261-Sports Medicine Bookmarks, ProQuest, CNCSIS, Romania, EBSCO SPORT Discuss with Full Text, Open Academic Journals Index (OAJI) , http://www.medicinasportiva.ro/SRoMS/english/Journal/No.21/Values_attitudes_of_adolescents_toward_sport.html |
| **2009** | **Abalaşei B.**, *Violenţa şi spectacolul sportiv: o perspectivă psiho-socială (Violence and sports spectacle: a psychosocial perspective)*, published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 2, Iaşi, Editura Fundaţiei "Altius Academy" Iaşi, 2009 |

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| **2016** | **Abalaşei B.**, *Formal Education Valences in the Conflict Management within Competitive Sport*, published in "Austin Sports Med", 2016, vol. 1, No. 1, pp. 01-04, Austin Sports Med. 2016; 1(1): 1005. http://austinpublishinggroup.com/sports-medicine/fulltext/asm-v1-id1005.php |
| **2010** | **Abalaşei B.**, *Violenţa şi spectacolul sportiv: o perspectivă psiho-socială*, published in "Practice and Theory in Systems of Education", 2010, vol. 5, No. 2, pp. 105-114, ISSN (online): 1788-2591, ISSN (printed): 1788-2583, editată de Association of Educational Sciences, Budapesta, Ungaria http://www.eduscience.hu/index12.html |

**e) Full-length articles/studies published in the proceedings of international specialty conferences:**

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| **2016** | **Abalaşei B.**, Trofin. F., *Drop-out university: the causes and effect*, International Conference organized by Universitaria Consortium, 2016, Cluj-Napoca, Editura Risoprint, ISBN978-973-53-1886-4 |
| **2012** | **Abalaşei B.**, *Valenţele educaţiei formale în managementul conflictelor din sport (The Roles of Formal Education in Conflict Management in Sport)*, vol. *Perspective în ştiinţa motricităţii umane (Perspectives in the Science of Human Movement),* Cluj-Napoca, pp. 9-20, 2012, Ed. Risoprint, ISBN 978-973-53-0917-6. |
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| **2008** | **Abalaşei B.**, *Introducere în studiul fenomenului violenţei în şcoală (Introduction to the Study of the Phenomenon of Violence in Schools)*, published in the volume of the international scientific session "Creativity and competition, European attributes of scientific manifestation", pp. 59-60, Galaţi, 2008, ISBN 978-973-8937-44-4. |
| **2007** | **Abalaşei B.**, *Studiul privind identificarea nivelului de agresivitate la suporterii jocurilor sportive (Study on Identifying the Level of Aggressiveness among Sports Game Supporters)*, Fascicle of the Department for Teacher Training, Psychology and Special Psychopedagogy, Pedagogy, Methodology, Tome XI, Vol. 1, Editura Universităţii din Oradea, pp. 608-614, Oradea, 2007, ISSN 1224-6239. |
| **2004** | **Abalaşei B.**, *Analiza interacţiunii persoană-mediu din perspectiva educaţiei în conflictogenia sportului de performanţă (Analysis of the Person–Environment Interaction from the Perspective of Education in the Conflict Genesis of Performance Sports)*, published in The journal Scientific Studies and Research in Physical Education and Sport, pp. 77-79, Editura Universitatea Bacău, 2004, ISSN 1453-0198. |
| **2003** | **Abalaşei B.**, *Comunicarea prin imagine în sport: eroism sau erotism? (Communication through Image in Sport: Heroism or Eroticism?)*, published in The Annals of Oradea University, pp. 33-38, Fasc. Educaţie Fizică şi Sport, Editura Universităţii din Oradea, 2003, ISSN 12224-5100. |

**Other Works and Scientific Contributions.**
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| **2007** | **Abalaşei B.**, Budescu E., Curelaru M., Rusu O., Iacob I., *Beneficiile activităţilor sportive privind diminuarea violenţei în şcoală (BASS) (The Benefits of Sports Activities in Reducing Violence in School (BASS),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 1, Iaşi, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2007** |
| **2007** | **Abalaşei B.**, *Analiza psihosocială a fenomenului violenţei în sport (Psychosocial Analysis of the Phenomenon of Violence in Sport),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 1, Iaşi, pp. 76-80, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2007** |
| **2006** | **Abalaşei B.**, *Violenţa în sport-identificarea tipologiei şi a formelor de manifestare (Violence in Sport – Identifying Typologies and Forms of Manifestation),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 1, Iaşi, pp. 36-40, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2006** |
| **2005** | **Abalaşei B.**, *Studiu privind eficientizarea atacului în circulaţie în jocul de handbal (juniori I) (Study on Improving the Effectiveness of Fast-Break Attack in Handball (Juniors I),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", No. 2, Iaşi, pp.53-55, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2005** |
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| **2003** | **Abalaşei B.**, *Influenţa culorilor asupra randamentului sportivilor handbalişti (The Influence of Colors on the Performance of Handball Players),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", Iaşi, pp.52-54, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2003** |
| **2002** | **Abalaşei B.**, *Cauzele accidentărilor survenite la echipa de handbal, CSM Iaşi, XXI (The Causes of Injuries in the Handball Team, CSM Iaşi, XXI),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", Iaşi, pp.72-74, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2002** |
| **2002** | **Abalaşei B.,** Abalasei C., *Strategii de negociere în fotbalul national (Negotiation Strategies in National Football),* published in "Sport and Society. Journal of Physical Education, Sport, and Society", Iaşi, pp.99-100, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2002** |
| **2001** | **Abalaşei B.**, *Omission's effects of psychological preparation in handball practice,* published in "Sport and Society. Journal of Physical Education, Sport, and Society", Iaşi, ISSN 1582-2168, Fundaţia "Altius Academy" Iaşi, **2001** |

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| **2016** | **Abalaşei B.**, *Rolul testelor specifice coordonării oculo-motorii în depistarea disabilităţilor neuromotorii (The Role of Specific Oculo-Motor Coordination Tests in Detecting Neuromotor Disabilities)*, in the volume of the National Scientific Conference *"Physical Education and Sport: Present and Perspectives"*, "Lucian Blaga" University of Sibiu, Faculty of Sciences, 2016, pp.7 – 15, ISBN 978-606-12-1328-3. |
| **2009** | **Abalaşei B.,** Curelaru M., Iacob I., *Reprezentarea socială a violentei şcolare la elevii de liceu* (*The Social Representation of School Violence among High School Students*), in the volume of the National Conference with International Participation *"Education and Change"*, University of Oradea, 2009. |

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| **2008** | **Abalaşei B.**, *Forme ale violenţei în mediul şcolar* (*Forms of Violence in the School Environment*), Bulletin of the Polytechnic Institute of Iaşi, Vol. LIV (LVIII), Socio-Human Sciences, Fasc. 3 ISSN 1224-5860, 2008. |
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| **2007** | **Abalaşei B.**, *Publicul manifestărilor sportive* (*The Audience of Sports Events*), Annual Scientific Communication Session with International Participation, vol. Physical Education and Sport in the Service of Quality of Life and Human Performance, Braşov, Transilvania University Press.pp. 27-31, ISBN 978-973-635-881-4, 2007. |
| **2006** | **Abalaşei B.,** Curelaru V., *The International virtual campus space for forming the high-performance sportsman. Pilot action achieved through international collaboration*, in Bulletin of the Polytechnic Institute, Iaşi, Tome LII (LVI), Fasc. 5, 2006, Socio-Human Sciences, ISSN 1582-120X. |
| **2006** | **Abalaşei B.**, *Implicaţiile antrenamentului mental în sportul de performanţă (The Implications of Mental Training in Performance Sport)*, Bulletin of the Polytechnic Institute, Iaşi, Tome LII (LVI), Fasc. 5, 2006, Socio-Human Sciences, ISSN 1582-120X. |
| **2005** | **Abalaşei B.**, *Studiu privind corelaţia dintre educaţia formală şi ostilitatea sportivilor de performanţă*, (*Study on the Correlation between Formal Education and the Hostility of Performance Athletes*), paper presented and published in the volume of the A.N.E.F.S. Session, Bucharest, June 2005 (the volume is in electronic format under ISBN 973-0-03952-6 |
| **2003** | **Abalaşei B.**, *Formal, non-formal, informal în educaţie fizică şi sport (Formal, non-formal, informal in physical education and sport)*, Bulletin of the Polytechnic Institute in Iaşi, Tome XLIX (LIII) Fasc. 1-4, Socio-Human Sciences, 2003, ISSN 1582-120X. |
| **2002** | **Abalaşei B.,** Daian Neguta, *Să învăţăm studentele să-şi calculeze corect greutatea optima (Teaching the female students how to calculate their optimal weight correctly)*, Bulletin of the Polytechnic Institute din Iaşi, Tome XLVII (LI) Fasc. 1-4, Socio-Human Sciences, 2002, ISSN 1582-120X. |
| **2000** | **Abalaşei B.**, *The increase of the individual value (at the left outside) in handball by the repeated method* - Bulletin of the Polytechnic Institute Iaşi, Fasc. 1 – 4, tome XLVI (L), Socio-Human Sciences, 2000, ISSN 1582-120X. |
| **1999** | **Abalaşei B.,** Budevici A., *Planificarea instruirii copiilor şi juniorilor (Planning the instruction of children and juniors)* - Galaţi, Session of scientific papers, 1999. |
| **1998** | **Abalaşei B.**, *Instruirea globală prin jocuri dinamice şi pregătitoare în handbal, la copii* (*Global Training through Dynamic and Preparatory Games in Handball for Children*) – in Scientific Studies and Research in Physical Education and Sport – Journal of the Polytechnic Institute, 1998. |
| **1997** | **Abalaşei B.**, *Aspecte privind pregătirea fizică generală la o echipă de junioare I, în perioada precompetiţională* (*Aspects Regarding the General Physical Training of a Junior I Team in the Pre-Competitive Period*) – in the Specialized Journal of the Department of Physical Education and Sport, "Gh. Asachi" University Iaşi, 1997. |

**Papers Presented at International Conferences (published in abstract volumes)**

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| 2017 | **Abalaşei B.**, ***Consideraţii privind corelaţia dintre eul corporal reprezentat şi cel real (Considerations on the correlation between the represented corporal self and the real self)*, Nobez 2017** **http://nobez.ro/program/** |
| 2012 | **Abalaşei B.**, *Sport marketing (SWOT analysis)*, in Scientific Report Physical Education and Sport, vol. 16, Part I, pp. 299-303, 2012, Publisher: Printing University of Pitesti, ISSN1453-1194. |
| 2011 | **Abalaşei B.**, *Ambidexterity and its Valences Increase Creativity in Sports Games: Handball, in Society and Education*, p. 25, 2011, Association of Educational Sciences, Budapest, Hungary, ISBN: 978-963-88422-9-9. |

**Projects**

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| 2024-2026 | **Abalasei B., Ed. Romania,** FIND ME-UNIVERSITY DUAL CAREERS OPPORTUNITIES, https://findmeproject.net/?page_id=10 |
| 2020-2023 | **Abalasei B.,** EUROPEAN CAMPUS OF CITIES UNIVERSITY-EC2U https://www.uaic.ro/international/proiectul-ec2u/ https://ec2u.eu/ |
| 2020-2021 - 2022 | **Abalasei B.,** Physical activity in women in menopause: a collaborative partnership for active lifestyles for the prevention and treatment of osteoporosis / HAPPY BONES, 613137-EPP-1-2019-1-IT-SPOSCP (researcher) https://eacea.ec.europa.eu/sites/eacea-site/files/results_-_scp.pdf |
| 2019-2020 | **Abalasei B., Media as a channel of Athletes' Dual Careers promotion and education, Application Reference Number: 603456-EPP-1-2018-1-LT-SPO-SCP** **Grant Agreement no 2018 -2708/001- 001 (ed.)** |
| 2019 | **Abalasei B., Investments in People Who Practice and Can Transform Their Future, 2018-1-BG01-KA102-037127 (member)** |
| 2018 | **Ipolis – Identifying the Olympic Potential at the level of Iasi County, Ministry of National Education** |
| 2016-2018 | **Abalaşei B., FairHap:** Erasmus+project, Fair Play and Happiness Through Sports (FAIRHAP), Project References - 579709-EPP-1-2016-2-EL-SPO-SCP (ed.) **Manager Ed. Romania**, http://ec.europa.eu/programmes/erasmus-plus/projects/eplus-project-details-page/?nodeRef=workspace://SpacesStore/713798aa-fdad-4507-9b13-aae396c2922c |
| 2017 | **Abalaşei B., International Festival of Youth, Science, and Sport,** funded by the Iași City Hall**: Project Manager**. |
| 2016 | **Abalaşei B.**, Member in the project ***Entrepreneurial University*, implemented by the Junior Achievement Romania Association** (JA Ro). |
| 2015 | **Abalaşei B.**, Short-term Expert – Project "Act.IS – We Act for Social Inclusion" POSDRU/165/6.2/S/142825, implemented by Caritas Diocesan Centre Iași during the period 30.04.2014–30.10.2015, in collaboration with the Caritas Greek-Catholic Metropolitan Association Blaj, and co-financed by the European Social Fund under the Sectoral Operational Programme Human Resources Development 2007–2013, Priority Axis 6 "Promoting social inclusion," Major Area of Intervention 6.2 "Improving access and participation of vulnerable groups in the labour market." |
| 2011-2012 | **Abalaşei B.**, Member of the project team "*Cross-Border Cooperation Programme for Common Needs: Health, Environment, Sport – HES*," funded by the European Union through the Joint Operational Programme Romania–Ukraine–Republic of Moldova |

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| | 2007–2013, Priority 3 – "People-to-People Cooperation," Measure 3.2 – "Educational, Social and Cultural Exchanges," MIS-ETC Code: 946., |
| **2007-2010** | **Abalaşei B.**, Member of the PN II grant, IDEI – C.N.C.S.I.S., "*The Benefits of Sports Activities in Reducing School Violence (BASS)*," Code 1146 (Contract No. 162/01.10.2007). Project Manager Professor Ioan Iacob, PhD |
| **2006-2008** | **Abalaşei B.**, Member of a Type A C.N.C.S.I.S. grant, "*Optimizing the Implementation of the Bologna Process in Physical Education and Sport, specialization in Physical and Sports Culture*," Code 1415. Project Director: Professor Ioan Iacob, PhD. |
| **2003-2006** | **Abalaşei B.**, Member of a Type A C.N.C.S.I.S. grant, "*Biomechanics of Human Impact in Sports Games*," funded project, Code 656. Project Director: Professor Ioan Iacob, PhD |
| **2003-2005** | **Abalaşei B.**, Member of the grant "*Professional Reintegration of Elite Athletes*," under the Leonardo da Vinci Program – ed. Pere Surribas, University of Barcelona, Spain. Partners: CRSUFCP – France; University of Barcelona – Bosch i Gimpera Foundation – Spain; "Alexandru Ioan Cuza" University of Iași, Faculty of Psychology and Education Sciences and Faculty of Physical Education and Sport (*Formesport* – E/02/B/F/PP-115.809 – EU-funded). |

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